

How To Get The Most From Practice

Pre-Practice

Decide what you want to accomplish. Practice with a purpose. Write down a short-term goal for your practice for the day. Decide what song(s) you will work on. What do you want to do with those? How do you want to interpret them? What emotion(s) do you want to create in the song(s)?

Get all your stuff together: CDs, music, equipment.

Practice

- 1. Warm up.**
- 2. Do some vocal exercises.**
- 3. Do your songs. Make a mental image of how you want to sound on them. Practice in sections and work out the trouble spots.**
- 4. Do each song in its entirety as if you are performing it and do not think about technique this time. Repeat as necessary. Take breaks as needed and drink water along the way.**

Post-Practice

Evaluate your practice. Be analytical. Be objective. Decide if you accomplished what you set out to do. Make a new goal for the next day. Write down any questions for your voice teacher as to how to sound like how you want.